

Catch Two Rabbits in Clinical and Management through Lifelong Oral Hygiene Management

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When talking about dental treatment, it generally refers to active dental treatment. They treat tooth decay, periodontal disease, tooth extraction, and implant surgery. However, the best treatment for all diseases is to prevent them from developing. Prevention means preventing the disease from occurring before treatment, but it is also a process of maintaining it so that it does not recur after active treatment is completed.

To prevent any disease, you need to know the exact cause of the disease. The two major dental diseases, dental caries and periodontal diseases, have been found to be caused by bacteria in the mouth through many years of research. Of course, there are environmental causes and causes of the patient's body itself, but external factors are bacteria in the oral cavity. Many of the bacteria in the mouth have been found to be the causative agents of periodontal disease, but three bacteria in the mouth, called the Red Complex, have been found to be the main causative agents, and these masses of bacteria are called periodontal disease. If so, we should manage periodontal disease to prevent periodontal disease, but the treatment of periodontal disease currently consists of removing calcified periodontal stones. Today, I would like to talk about the clinical aspect of oral hygiene management that prevents periodontal disease by removing dental plaque.

In addition, no matter how preventive treatment is, it will be difficult to actually proceed if it is difficult to manage at the dentist. While Korea's health insurance system has the advantage of making it easier for many people to access medical care, some medical treatments with poor returns have disadvantages that they have no choice but to be shunned by dentists. The treatment of prevention is also ambiguous to apply in the current health insurance system, and therefore, it is a reality that many dentists are turning away from it. However, I would like to talk about the clinical advantage of improving the patient's health rather than earning profits from prevention itself, as well as the management aspect of how to keep the patient in my dentist.

Profile

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- * Graduate School of Dentistry, Seoul National University
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- * BOA Dental Clinic, President