

Easy Approach for Diastema Closure and Black Triangle Filling with Composite Resin

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Even if one is experienced in composite resin treatment, they often show a lack of confidence when it comes to treating anterior teeth. While the treatment of minor fractures or decay, which do not require significant aesthetic demands from the patient, may be less burdensome, hesitation arises when considering whether satisfactory results can be guaranteed for cases such as diastema or black triangles that meet the high expectations of patients. Ceramic restorations have often been preferred as the first treatment option for anterior teeth for the reasons mentioned above.

However, considering the recent trend of preferring conservative treatment options, and the complexity of the preparation, impression, and setting processes, direct restoration using composite resin is undoubtedly an attractive treatment option.

In this lecture, we will discuss treatment planning, including indications and considerations for treatment, and introduce effective techniques for moisture control using rubber dam. We will also lecture on the effective use and precautions of adhesives and resins used in treatment, and introduce equipment, instruments, and materials that help in the treatment of anterior teeth. We will examine successful and unsuccessful cases of anterior teeth treatment at each stage of the process, derive principles for success from them, and list precautions to avoid failure. Finally, we will conclude the lecture by exploring tips for troubleshooting problems that may arise during treatment.

Profile

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