

# Comprehensive Guide to Occlusal Adjustment for Clinical Practice: From Procedures to Insurance Coverage

Prof. Gyeong Je Lee

## 1. Purpose of the Lecture

This lecture aims to re-examine the principles of occlusal adjustment, a task clinicians encounter daily yet often find challenging. We will explore the mechanisms of occlusal interference arising from the anatomical complexity of human dentition. Furthermore, I will share immediately applicable clinical tips and procedures, alongside efficient insurance billing strategies to enhance the operational stability of your dental clinic.

## 2. Lecture Content

**Occurrence and Mechanism of Occlusal Interference:** An analysis of the geometric complexities of human dentition and the anatomical factors that lead to functional interference.

**Understanding Occlusal Trauma:** A brief examination of the signs and risks of occlusal trauma manifested in teeth and periodontal tissues due to interference.

**Selection of Treatment Modalities:** Introduction to various guidelines and approaches for resolving interference, ranging from traditional articulating paper methods to precision analysis and adjustment using the latest digital equipment.

**Clinical Procedure Tips:** Practical know-how and essential precautions gathered from my actual clinical experience to ensure successful occlusal adjustment.

**Insurance Billing Strategies:** A guide to correct insurance prescriptions and identifying often-missed billing items following occlusal procedures to improve hospital revenue.

## 3. Conclusion

Accurate occlusal adjustment is essential not only for the longevity of prostheses but also for maintaining the patient's masticatory function. Through this lecture, we hope to provide a systematic overview—from basic theory to the latest procedures and management-oriented insurance knowledge—serving as an opportunity to elevate your clinical expertise to the next level.

Profile.

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